

Peter Gray Psychology 5th Edition

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key studies in psychology 5th edition provides summaries of 40 key studies that have shaped the course of psychology covering both the classic core studies and more recent contemporary studies concise user friendly and comprehensive the new edition of this bestselling textbook is ideal for students of psychology at all levels before each summary the background context features put each study into a clear theoretical or practical context and explain the aims hypotheses methods and design after each summary a full evaluation is provided focusing on major theoretical and methodological issues subsequent research and applications and implications each summary is also followed by useful exercise questions to encourage the student to think critically about methodological theoretical and ethical features of the study full answers to all exercise questions are also provided in an appendix all the classic core studies are covered

alongside a number of newer studies which cover topics such as the effects of abortion on young women adolescent s brains anorexia nervosa and nurses understanding of the concept of care these very recent studies are highly relevant to everyday life making this text ideal for the study of applied psychology fully updated and modernised this brand new edition of key studies in psychology is essential reading for psychology students at all levels

a critical thinking approach emphasizing science and applications an award winning author team challenges students to think critically about the concepts controversies and applications of social psychology using abundant tools both in text and online new infographics examine important topics like social class social media effects and research methodology inquizitive online assessment reinforces fundamental concepts and powerpoints test questions and new concept videos will help you create the best course materials in the shortest amount of time please note that this version of the ebook does not include access to any media or print supplements that are sold packaged with the printed book

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this highly regarded affordable mainstream social psychology text is both a comprehensive introduction and a complete program with the core text and supplements carefully crafted to work together to benefit both instructor and student the fourth edition is a balanced integrated introduction to social psychology and its many applications the text is organized around a socio historical framework that links historical and cultural events to social psychological theory this framework encourages critical thinking stimulates awareness of intercultural differences and enables students to understand social psychology in the context of their own lives and in world events

jane ogden s health psychology is a smart and readable textbook that should appeal to both instructors and students of health psychology its overall structure is intuitively appealing and progresses from health beliefs to factors associated with becoming ill to the actual state of being ill new to this edition is a wonderful chapter on the demographics of health and health behaviours using a number of striking graphs ogden highlights the disparities in health by geography social class and gender the book s greatest appeal however is its focus on the major ideas in health psychology the reader is not bombarded with subtleties of dozens of studies rather the broader theories are emphasized whether you come to health psychology with a background in social clinical physiological or other specialization you will find this to be a compelling book james w pennebaker regents centennial professor of psychology university of texas at austin usa this 5th edition of health psychology represents an even more attractive book than the previous editions the new figures and images illustrate the text and students are provided with clear up to date and accessible information on the major theoretical and empirical issues in health psychology there are four new chapters and the one on health promotion is particularly impressive the book now seems suited not only to health psychology students but also for those in allied professions such as physiotherapists nurses dieticians physicians and medical students ad a kaptein professor of medical psychology leiden university medical centre the netherlands this thought provoking book is in tune with students questions about health psychology and places the student

at the centre of knowledge dissemination dr catherine sykes team leader in health psychology city university london jane ogden manages to write in an uncomplicated manner but without doing injustice to the complexities of the theories and research being described she provides good historical and societal contexts for the different strands of research so students can appreciate the relevance of health psychology in and for the real world roger ingham professor of health and community psychology university of southampton jane ogden's health psychology is an impressive introduction to the field the book is suitable for students of all backgrounds wishing to gain a comprehensive introduction to the exciting field of health psychology the chapters are clearly organized and integrate the latest international research findings into an easy to read and well illustrated textbook keith j petrie professor of health psychology department of psychological medicine university of auckland thoroughly revised to reflect recent research theory and practice in health psychology this market bestseller includes new coverage of topical issues such as behaviour change strategies health inequalities exercise dependence caffeine use and men's health now organized into five sections the book follows a health illness continuum model covering theory and research relating to the context of health health beliefs and behaviours becoming ill and being ill with the final section describing how students can learn to think more critically about all aspects of health psychology the new edition also includes five new chapters health inequalities depicts health variation by gender social class and geography and describes possible explanations for this health promotion describes a wide range of theories and strategies used to change behaviour including cbt motivational interviewing relapse prevention fear appeals and the use of technology health access examines patient contact with health professionals with a focus on help seeking behaviour and delay screening communication and adherence men's health explores gender differences in life expectancy and causes of mortality men's health related behaviours their health beliefs social norms of masculinity and emotional expression being critical offers a detailed analysis of how to be more critical with a focus on thinking about theory constructs methodology and measurement many brand new examples are introduced covering post traumatic stress symptoms exercise and chronic fatigue syndrome post traumatic growth and benefit finding measurement issues for adherence eating exercise social support and coping visualization and illness cognitions and the response shift health psychology 5th edition is essential reading for all students and researchers of health psychology it will also be invaluable to students of medicine nursing and allied health an online learning centre website openup.co.uk ogden accompanies this edition with useful materials for students of health psychology and their lecturers including powerpoint presentations artwork and a new testbank

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